

# Sparke Helmore Newcastle City Triathlon - Overall Course Maps - 23 Feb 2020

Swim START/ FINISH  
1500m 750m and 300m  
See swim maps for detail

Bikes only enter on way out.

## Legend

- Bike Compound
- Olympic Course 7.4km 5 laps
- Sprint Course 7.4km 3 laps
- Corporate /Enticer Course 4km 3 laps
- Note: Olympic and Sprint courses over by 10.30am  
Corporate/Enticer course over by 11.45pm
- Swim courses
- Run Course Tri

