JUNIOR SCHOOL

NEWCASTLE CITY TRIATHLON

INDIVIDUALS & RELAY TEAMS WELCOME ONE PERSON SWIMS, ONE PERSON RIDES **AND ONE PERSON RUNS**

> MAKE A DAY OF IT WITH A TEAM MARQUEE & BBQ

EVERYBODY GETS A FINISHERS MEDAL!





newcastlecitytriathlon.com.au

📞 0409 684 246 📑 /sparkehelmoretriathlonfestival

Sponsored by













7-9ү 🙆 100м 🚳 2.5км 🚱 500м

10-11y **3** 150m **6** 5km **7** 1km

12-13y 😂 250m 🚳 5KM 🚱 1KM

14+ү 🔕 350м 🚳 10км 🚱 2.5км

FOR MUMS & DADS

这 750м 🚳 20км 🚱 5км



№ 350м № 10км № 2.5км



<u> 20км</u> 🚳 20км

RIATHLON

Make your race matter, raise funds for HMRI





This event is organised and managed by a local sports event company, H Events and is sanctioned and insured under the Triathlon NSW/Australia event framework. This event is NOT organised or managed by any school, department or schools association. Feel free to contact the event organiser if you have any concerns. All event information is on the website.